

# Run of the Royal – 2018 Rules and Information

1. **Waivers** – All racers must sign a liability waiver with the submission of their registration on or before the day of the race. Parents/guardians of minors (under 18) entering the race must sign a waiver either in advance or on race day. Each paddler should complete a waiver and return it with their registration to save time on Race Day (or submit through the registration website....see instructions to team captains).
2. **Pre-Race Meeting- 9:30am at the boat ramp** – A representative from each team must attend a pre-race meeting immediately before the start to review the course, potential hazards, medical emergency procedures, communications and safety procedures. This information must be distributed by the representative to all team members.
3. **Life Jackets** – Maine law requires life jackets to be worn by all paddlers on the water. Whistles are provided at race start and must be affixed to life jacket of one jacket per team. For teams using canoes provided by RRCT, we will provide you with two life jackets and two paddles. Therefore you will need to pass them on to the next leg, or bring more life jackets or paddles of your own. If you are bringing your own canoe, you will need to provide your own paddles and life jackets. No need to pass on the jackets to the next leg as long as everyone paddling is wearing one.
4. **Boats and Paddles** – If you are bringing your own canoe, the paddles shall be single blade only (i.e no Kayak Paddles). There are no boat categories. We'll provide canoes to all registrants who need them, and two paddles per boat, and coordinate in advance of the race on gear.
5. Each boat will have its assigned number affixed to both sides of the bow. The team captain will receive the stickers at the registration table.
6. Paddlers may paddle as many of the (4) legs as they wish.
7. Contestants must pass off their boats to team members at the relay transitions without assistance.
8. Possession or consumption of alcohol during the race, at the start or at the finish is against Maine law and prohibited. Consumption of alcohol at the Yarmouth History Center (YHC) or at Royal River Park is strictly prohibited.
9. Competitors are responsible for their own transportation. Parking is at a premium and carpooling is highly recommended. There will be no parking in the YHC lot during the event, and the Royal River lot across the street will also be closed to race competitors. We have access to roughly 60 spaces at the Masonic Lodge on Main Street, as well as the lot at William H. Rowe Elementary School. We will NOT have a shuttle bus running this year.
10. The awards ceremony for the shorter course option will be held at approximately 12-12:30pm, and the awards ceremony for the longer course option will be held at approximately 2-2:30pm (pending weather and results).
11. And most importantly.....HAVE FUN!